



# London Skating Club July Newsletter 2017

Our  
110th  
Year

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### A Word From Your President

2016-17 has come and gone and again we come together as a club to close off another fantastic season! So as we gather to celebrate the accomplishments of this year, let's take a quick look at some of the highlights:

With respect to growth within the club, our overall membership continues to grow for the second year in a row. We are excited about the growth of the club at the CanSkate level and the board would like to extend a thank you to the amazing coaches who continue to provide quality instruction, thereby drawing skaters to the London Skating Club.

The select program will now be a permanent program offered by the London Skating Club. The program has assisted with generating excitement for competing in singles competition. This year the club saw more skaters than in years past competing in STARskate competitions, with some very positive results. This is something that the club would like to continue to foster and we are hopeful that the Select program will continue to lead this interest in competing with enthusiasm.

What an exciting year for Synchronicity who sent two teams to Nationals. Both teams skated their hearts out at this awe-inspiring opportunity and achieved their season's best scores! For many of the skaters, this was their first experience at the National Synchronized Skating Championships, and it was a very positive and rewarding one.

We also saw many young skaters represent the London Skating Club on the Competitive Skate side, achieving success on the provincial, national and even the world stage.

Finally, I would be remiss if I did not mention our ice show "Canada Proud, Strong and Free", celebrating our 110<sup>th</sup> season! What an amazing day it was for everyone; skaters and spectators combined. Choreographed by Roselle Doyle and featuring Elvis Stojko, alongside the London Skating Club skaters, this show was a show that many will look back on for years to come.

Once again, thank you to all our volunteers and program assistants, who made this year a success. Congratulations to all skaters and coaches! We are proud of your achievements this year and look forward to another amazing season in 2017-18.

## Your Board

**President:** Michelle Parker

**Past President:** Stephen Komarnicky

**Secretary:** Marisa Sheardown

**Ice Chair:** Josée Goudreault-Smale

**Web Site Support:** Kelly Murphy-Myers

**Newsletter:** Tania Granadillo

**CanSkate:**

**STARSkate 2:** Shannine VanDinther

**CanPowerSkate:** Josée Goudreault-Smale

**SynchroSkate:** Sherry Jennings

Smale

**Coach Representative:** Paul McLean

**Dress Sale Co-Ordinator:** Shannine VanDinther

**Vice President:** Marisa Sheardown

**Treasurer:** Mark Craig

**Test Chair:** Amy Gleig

**Uplifter Support:** Deb Acatrao

**Marketing:** Sonia Reis

**Comm./Social Media:** Stacey Lovell

**STARSkate 1:** Tania Granadillo

**Select:** Stephen Komarnicky

**AdultSkate:** Brenda Zawaski

**Coach Liaison:** Josée Goudreault-

**Fundraising:** Stacey Lovell

**Spirit Wear:** Stacey Lovell

# AGM Reports

## H.O.M.E Region

The H.O.M.E. Region has had another busy year maintaining a liaison with area clubs, the Section and Skate Canada. Representatives communicate pertinent information for the above to their home clubs. The region consists of 18 clubs from the counties of Huron, Oxford, Middlesex and Elgin and meet the fourth Monday of every month. This past year brought a close to the H.O.M.E. region as skate Canada western Ontario amalgamated and are now one under Skate Ontario.

The region sponsored a P.A clinic in September. Two skater development seminars were held in March at Timkin Centre in St. Thomas and Parkhill. The bursary awards were given out at the H.O.M.E. AGM on April 24<sup>th</sup> at Siloam United Church. London skating club skaters that received bursaries were Evelyn Walsh, Paxton Knott, Patricia Andrew, Clare Bedford, Ella Rose DeMille and Keira Van Dinther. Our Intermediate, Novice and Beginner 1 synchro teams also received bursaries. Geneva Herold was recognized as London Skating Club Skater of the Year.

### **Volunteers**

The London Skating Club is a non-for-profit organization and its success is largely the result of those volunteers who give back to the club. This past year the region hosted the Western Ontario Sectional Championships in Komoka, Dennis Silverthorne Memorial Invitational in St. Thomas and Futures Competition that was held in Lucan. Proceeds from these competitions are divided among the clubs on the basis of volunteer hours worked. Our club volunteers receive a credit voucher of \$5.00 per hour worked credit to be applied to their child's skating. All members of the club have the opportunity of volunteering. If you are interested in volunteering please contact Shannine ([shanninem@hotmail.com](mailto:shanninem@hotmail.com)). Thank you to everyone who volunteered their time to help LSC.

### **Program Assistants**

We have a large number of skaters that dedicate their time to help out with our Canskate program throughout the year. Program assistants are compensated by the LSC through a credit system. Their assistance is a great opportunity for the development of leadership skills and an understanding of giving back to the community. PA credits are as follows \$4.00-ages 8-11, \$6.00-age 12, \$8.00-age 13 and \$10.00-age 14+. In September, a mandatory training session is required and a commitment of 80% attendance is required to collect the credits unless otherwise approved. We held a year end appreciation night this year by providing an opportunity to attend stars on ice complimentary of the club.

### **Dress Sale**

There is a used dress rack that you are welcome to check out at anytime. All sales are on a consignment basis. The prices are set by the items' owners. A 15% commission from the sale price goes toward the LSC. These funds are used towards different events within the club. This year, some of the money was used to purchase 27 stars on ice tickets for the program assistants. If you wish to sell any items or pick up any items that have been on the rack for over a year please contact Shannine. The dress sale monies in 2016-2017 to date are \$578.22. WE used \$459 for stars on ice tickets and have \$119.22 carrying forward to next year.

# **CanSkate AGM Report 2016-2017**

The 2016-17 CanSkate season saw continued and steady progress in advancing our “Learn for Fun, Live to Skate, Skate for Life” vision of the London Skating Club (LSC). The LSC team (coaches, parents, volunteers supervisors and administrators) continue to create an environment that allows skaters to fully develop and reach their potential in skating which directly supports Skate Canada’s Long Term Athlete Development model. The CanSkate program offered 6 Fall/Winter sessions and 3 Spring sessions this year. The return of smiling skaters at the rink and the quick pace at which sessions have filled this year is a testament to the dedicated team, who continue to improve on the delivery of a solid program while instilling a passion for the sport in our members. We are proud to offer a strong foundation at the LSC as skaters begin their “Skate for Life” journey in the CanSkate program.

The Canskate team of coaches has been led this year by supervising coaches, Patsy Brown, Emily Galan, Shelby Komarnicky and Alex Smith. These coaches put in many hours to prepare for sessions and continue to work hard before, during and after each session. They are constantly supporting coaches, and skaters and their families to create a positive environment and to promote the delivery of high quality sessions. There is so much that goes on behind the scenes of any successful program. Kelly Farmer, the Canskate Administrator, is dedicated to ensure all aspects of the program are functioning at the highest standards possible. She brings a wealth of knowledge and experience to the team, and is able to navigate through the overall framework of the program, and provide guidance and leadership to her team.

Last but not least CanSkate could not be a success this year without our reliable table helpers and dedicated Program Assistants who share their skating knowledge and love of the sport to help support the coaches and skaters and their families. This year marked the London Skating Club’s 110<sup>th</sup> Anniversary and CanSkaters had the opportunity to show off their skating skills at the LSC’s 110<sup>th</sup> Anniversary Ice Show featuring world champion Elvis Stojko. This was an amazing event and memorable experience for all! Many skaters from our CanSkate Family also participated in our annual Intermission skate with the London Knights at Budweiser Gardens.

On behalf of the London Skating Club, thank you for another great year in CanSkate. We look forward to seeing all skaters continue to be a part of our growing CanSkate family. If you want to beat the heat please refer to the LSC website for information on the CanSkate Summer schedule and The 2<sup>nd</sup> Annual Summer Camp. See you at the rink!

CanSkate Convener

# London Skating Club StarSkate and Newsletter Annual Report

## Successes:

It was a great year for our STARSkaters this season in regards to individual accomplishments and goals reached. The 110th Show was a highlight of the season with many of the STARSkaters participating in multiple numbers. Registrations remain steady, Winter 2016-2017 149, Spring 2017 120.

## Challenges:

As more skaters are on sessions, it has been a challenge to keep sessions flowing and accident free. Skaters are reminded to follow right of way and to refresh the rules with their coaches if they are not sure about them. Higher-level skaters need more room for challenging jumps, the Board is working on alternative ice for more competitive training.

## Program Promotion:

A trial group coaching session was run the first half of Winter session. As Skate Canada is encouraging more group coaching we will see an increase in these kinds of sessions for STARSkaters.

## Ticket Ice:

Registrations have seen a slight increase over last year. A variety of STARSkaters are using these sessions, including Adult skaters, STARskate competitive and recreational skaters.

## Newsletter:

With the assistance of Zoe Espanol, a newsletter was sent out at the end of March. The plan is to send out a newsletter every quarter.

## Fundraising Report

2016-2017 was a very successful year for fundraising. Almost \$10,000 was raised. Below, please find description of funds.

Our success was only possible with the help of many volunteers. Thank You to all of you and the countless hours of volunteer work!

As we plan for the upcoming year, we wish to extend a warm welcome: Please come and help us with our exciting fundraising opportunities.

### Description:

1. Promo books – sold 359 – kept \$22.00 in the Club from each booklet - \$7898.00 profit to the Club
2. Skate Sharpening - \$150.00
3. 110<sup>th</sup> Anniversary Ice Show – Silent Auction, Program, 50/50, Flowers – LSC portion \$1039.80

# **CANPowerSkate Year End Report – London Skating Club AGM**

The CANPowerSkate program at the London Skating Club has just completed its fifth year of full programming, offering three sessions in fall/winter, under the continued direction of Coach Carole Robinson. This high-energy program teaches the fundamentals of power skating to young hockey and ringette players in a progressive and sequential manner, through 6 levels of skill-based circuits.

## **Successes:**

**Number of participants:** The three sessions this year benefitted from the experienced two coaches as well as demonstrator, and a Program Assistant on some sessions. During the fall and winter, we had many new faces in our sessions. There was a lot of positive feedback from new parents and skaters alike, and many stating noticeable improvements during their games.

**Record times and ages!** Skaters progress through the CANPowerkate program through six badge levels of increasing skill, complexity, and speed. While all of our skaters enter the program in level 1, the end of this year's fall/winter session has seen a number of skaters proceed onto level 4 and Level 5. We had a few talented young skaters surpass past records and beat times in remarkable fashion during our testing.

**Private Instruction for CANPowerSkaters:** In addition to offering Pre-Power through Level 6, through group instruction in fall/winter, we were pleased to offer members of our CANPowerSkate program access to ice time for private lessons. This took place both during the summer daytime Preliminary/Junior skating program, and in the fall/winter/spring session on our new OPEN sessions – an option that is well-received by our membership.

## **Challenges:**

**Lack of scheduling options:** CANPowerSkate is only offered on a single evening each week due to restrictions in ice and coach's availability. This poses a serious scheduling problem for skaters who must put their hockey/ringette game schedule ahead of their power skating instruction. If a skater's hockey/ringette team practices/games are in conflict with our program schedule, CANPowerSkate is not accessible to them for that season.

**Increased gap in skill levels between entry level and returning players:** Our success in power skating instruction is also our downfall. As returning players progress into the higher levels of power skating instruction, we are seeing a larger range of skill levels between new and returning skaters, creating a continued need to re-evaluate and re-distribute skaters between the sessions. We would ideally see again three different levels of sessions available for the next season, but might have to consider a price increase to reach breakeven.

**Promotion:** These were hand delivered and posted throughout the arenas, libraries and local stores. It should be noted that the success is spreading positively by word-of-mouth from satisfied players who are recognizing the edge CANPower and the wisdom of the coaches that run it. We are exploring the option to offer transition programs on CANSkate ice, so as to lead young skaters to our Power programs.

We look forward to future growth of CANPower in 2017, and are excited to see how far our skaters develop in the upcoming session. Skate Canada has worked on a new Power Program and Training for our coaches will take place depending on availability of resources.

# Test Chair Report

There were a total of seven test days over, the spring, summer, fall and winter sessions. We are pleased to report the following skaters have received gold status with Skate Canada since our last Annual General Meeting.

## Gold Skating Skills:

Laura Vancer, Sarah Semchism, Shannon Brown-Campbell, Ester VanGalen, Taite Hulet Gatt, Jessica Foran and Keira VanDinther

## Gold FreeSkate:

Patricia Andrew

## Gold Interpretive:

Sarah Semchism, Olivia Pellizzari, Beverly Dodge, Stephanie Baxley, Julia Chadwick, Shannon Brown-Campbell, Kylie Smale & Keira

## Gold Dance:

Danielle McDougall, Emma Tiede, Heather Crampton

Congratulations on your hard work  
and achieving your gold status!









DANCE		GOLD	
<b>PRELIMINARY</b>		<i>Quickstep</i>	Taite Hulet Gatt
<i>Dutch Waltz</i>	Marha McDougall		Charlie Anderson
	Ava Verheyen	<i>Viennese Waltz</i>	Alicia Harris
	Lea Brock	<b>INTERPRETIVE</b>	
	Gisele Alves	<i>Intro</i>	McKenna Spitzer
<i>Canasta Tango</i>	Siobhan Maharaj		Alicia Harris
	Ana Sofia Guiot		Maddison Chute
	Gabriela Perez	<i>Bronze</i>	Jessica Foran
	Sofia Perez		Alicia Harris
	Emily Verheyen		Victoria Parker
	Isabella Coquitlam		Maddison Chute
<i>Baby Blues</i>	Matilda Castro		McKenna Spitzer
	Cassidy Falconer	<i>Gold</i>	Laura Vancer
	Emily Verheyen		Maggie Ryan
	Maja Jackson	<b>FREE SKATE ELEMENTS</b>	
	Ruby Fenton	<i>Preliminary</i>	Sydney Plank
	Noemie Trottier Warren		Natalia Mills
	Alex Guerra		Paige Getty
	Lexa Hummer-Healy	<i>Jr. Bronze</i>	Lydia Zadorsky
	Carly Collins	<i>Sr. Bronze</i>	Zoe Espanol
<b>JR. BRONZE</b>			Louise Parker
<i>Swing</i>	Patricia Andrews	<i>Gold</i>	Alyssa Nicholls
	Madylinn Lumley	<b>FREE SKATE PROGRAM</b>	
	Caley Brown	<i>Preliminary</i>	Sydney Plank
<i>Fiesta Tango</i>	Adrianna Keith		Madylinn Lumley
	Mya Sheardown		Natalia Mills
	Isla St. John		Carly Collins
<b>SR. BRONZE</b>		<i>Jr. Bronze</i>	Abigail McLean
<i>Ten Fox</i>	Kyana Reis- Santos		Vitalia Kireev
	AbbtDonald		Abby Donald
	Samantha MacDonald		Abby Moeller
<i>Fourteen step</i>	Allienna Selk		Madison Sheardown
<i>European</i>	Lauren Roblee	<i>Sr. Bronze</i>	Rachel Marshall
	Ava Gleig	<b>SKILLS</b>	
	Adrianna James-Parker	<i>Preliminary</i>	Nayde Reis-Santos
<b>JUNIOR SILVER</b>			Isla St John
<i>Rocker Foxtrot</i>	Geneva Herold	<i>Jr. Bronze</i>	Kyana Reis-Santos
<i>Keats</i>	Patricia Andrews		Paige Getty
<i>Americian Waltz</i>	Zoe Espanol		Abby Donald
	Patricia Andrews		Gillian Paris
<b>SENIOR SILVER</b>		<i>Sr. Silver</i>	Danica Stewart
<i>Starlight</i>	Esther VanGalan	<i>Gold</i>	Geneva Herold
	Nicole Kaiser		Zoe Espanol
<i>Blues</i>	Laura Vancer		
<i>Kilian</i>	Keira VanDinther		

# TEST RESULTS



# Synchronicity updates

- Synchronicity had a fantastic 2016/17 season, with all of our teams doing really well in all of the competitions we attended
- Our gala in November was a great success, with many people coming out to support our teams
- We are happy to announce that Leslie Ruggeri has joined the Synchronicity coaching staff for next season
- The following teams will be fielded for the 2017/18 season: Stars, Beginner 1, Beginner 2, Elementary, Juvenile, Pre-Novice and Adult 1

December 2016 Bill Phillips		
Elementary	8th	
Novice	Bronze	
Intermediate	4th	
Adult 1	4th	
January 2017 Winterfest		
Novice	10th	
Adult 1	6th	
January 2017 Capers		
Beginner 1 Stars	7th	
Beginner 1	5th	
Beginner 2	Silver in Gold Final	
Elementary	4th in Gold Final	
Novice	4th	
Feburary 2017 Regionals		
Beginner 1	Bronze	
Beginner 2	4th	
Elementary	5th	
Novice	5th	
Intermediate	4th	
Adult 1	Bronze	
NATIONALS		
Novice	7th	
Intermediate	8th	
March 2017 Bernie Deveaux		
Stars	4th	
Beginner 1	Gold	
Beginner 2	Bronze	
Elementary	Gold	
Adult 3	4th	
		
March 2017 Adult Invitational		
Adult 1	Bronze	
Adult 3	11th	

# Awards

## CanSkate Awards:

LSC CanSkate Skater of the Year – Aya Holzberg  
LSC Most Improved CanSkate Skater – Erik Moeller  
Teen CanSkate Skater of the Year – Stephen Bernier  
Adult CanSkate Skater of the Year – Tania Granadillo

## Stroking Awards:

Abby Donald – MI – Sunday Junior,  
Louise Parker- SO Year – Sunday Junior,  
Sarah Semchism – MI – Sunday Senior,  
Kylie Smale – SO Year – Senior Sunday,  
Paige Getty MI Tuesday Junior  
Abby Moeller – SO Year Tuesday

## Preliminary & Select Awards

Preliminary Skater of the Year  
– Jessica Knight & Maddie Pollock  
Preliminary Most Improved Skater of the Year  
– Emma Stankiewicz  
Select Skater of the Year  
– Madison Sheardown  
Most Improved Select Skater of the Year  
– Sydney Plank

## Program Assistant Awards

Program Assistant of the Year – U 18  
– Adrianna Keith  
Program Assistant of the Year – Adult  
– Brenda Zawadzki

## Junior Awards

**MOST IMPROVED JUNIOR SKATER:** Hailey Jennings  
**JUNIOR A SKATER OF THE YEAR:** Kyana Reis-Santos  
**JUNIOR B SKATER OF THE YEAR:** Louise Parker

## Adult Awards

**ADULT STARSKATER OF THE YEAR:**  
Bev Dodge  
**ADULT MOST IMPROVED SKATER:**  
Heather Crampton

## Of the Year Awards

**STARSKATE SKATER OF THE YEAR:**  
Adrianna James-Parker  
**COMPETITIVE SKATER OF THE YEAR:**  
Kylie Smale

## Senior Awards

**MOST IMPROVED SENIOR SKATER:**  
Sarah Semchism  
**SENIOR SKATER OF THE YEAR:**  
Adrianna James-Parker & Zoe Espanol

Coach of the Year!!!!

LSC COACH OF THE YEAR: Laura Plank

First Gold Awards:

Patricia Andrew – Gold Free Skate  
Bev Dodge – Interpretive  
Jessica Foran – Gold Skating Skills  
Taite Hulet Gatt – Gold Skating Skills  
Laura Vancer – Gold Skating Skills  
Esther Van Galen – Gold Skating Skills

First & Second Gold Awards:

Shannon Brown-Campbell – Gold Skating Skills  
& Gold Interpretive  
Sarah Semchism – Gold Skating Skills  
& Gold Interpretive  
Keira Van Dinther – Gold Skating Skills  
& Gold Interpretive

Third Gold Awards:

Stephanie Baxley – Gold Interpretive  
Heather Crampton – Gold Dance  
Danielle McDougall – Gold Dance  
Kylie Smale – Gold Interpretive  
Emma Tiede – Gold Dance

LSC Special Recognition Awards

Keira VanDinther – 2<sup>nd</sup> place 2017 Skate Ontario  
Championships

Patricia Andrew – 2<sup>nd</sup> place 2017 Skate Ontario  
Juvenile U-12 & 2<sup>nd</sup> Place pairs 2017 Skate Canada  
Challenge Event, 2<sup>nd</sup> place pairs 2017 Canadian  
Tire National Skating Championships - Novice

Paxton Knott – 2<sup>nd</sup> place pairs – 2017 Skate Canada  
Challenge event, 2<sup>nd</sup> place pairs 2017  
CanadianTire National Skating Championships -

CanPowerSkate Awards

Session A– Most Improved – CanPowerSkate –  
Miles Girotti

Session A – CanPowerSkate Skater of the Year –  
Marin & Sebastian Lawrence

Session B – Most Improved – CanPowerSkate –  
Janine Douglas

Session B – CanPowerskate Skater of the Year –  
James Colquhoun

Session C– Most Improved - CanPowerSkate –  
Micah Vanderley

Session C – CanPowerSkate Skater of the Year –  
Grace Moir

Second Gold Awards:

Julia Chadwick – Gold Interpretive  
Olivia Pellizzari – Gold Interpretive

LSC Special Recognition Awards

Beginner 1- Synchronicity - Bronze Medal at 2017  
Ontario Regional Synchronized Skating  
Championships

Adult 1 Synchronicity – Bronze Medal at 2017 Ontario  
Regional Synchronized Skating Championships

LSC Special Recognition Awards

Evelyn Walsh - First place finish in Junior Pairs at  
2017 National Championships

Trennt Micaud – First place finish in Junior Pairs  
at 2017 National Championships

Evelyn Bastow Gala Bursary Fund Bursaries:

Aya Holzberg - CanSkate Bursary

LSC Special Recognition Awards

Kristin Chadwick - LSC Volunteer of the Year -  
Mary Burdon Award

Evelyn Bastow Gala Bursary Fund Bursaries:

Shelby Komarnicky - Adult Bursary - 1<sup>st</sup> Place  
Adult Invitational  
Carrie Butterworth - Adult Bursary - 2<sup>nd</sup> Place  
Adult Invitational  
Stephanie Baxley - Adult Bursary - 3<sup>rd</sup> Place Adult  
Invitational

LSC Special Recognition Awards

Patsy Brown - 25 years of coaching  
Kelly Farmer - 25 years of coaching

Evelyn Bastow Gala Bursary Fund Bursaries:

Keira VanDinther - Ontario Championships  
Patricia Andrews - Ontario Championships  
Ella DeMille - Ontario Championships

Evelyn Bastow Gala Bursary Fund Bursaries:

Patricia Andrew - Gold Free Skate Bursary

Evelyn Bastow Gala Bursary Fund Bursaries:

Patricia Andrew - Pairs  
Paxton Knott - Pairs  
Evelyn Walsh - Pairs  
Trennt Michaud - Pairs  
Beginner 1 Synchronicity  
Novice Synchronicity  
Intermediate Synchronicity  
Adult 1 Synchronicity

Evelyn Bastow Gala Bursary Fund Bursaries:

Heather Crampton - 3<sup>rd</sup> Gold Award - Dance  
Stephanie Baxley - 3<sup>rd</sup> Gold Award - Interpretive  
Emma Tiede - 3<sup>rd</sup> Gold Award - Dance  
Danielle McDougall - 3<sup>rd</sup> Gold Award - Dance  
Kylie Smale - 3<sup>rd</sup> Gold Award - Interpretive

Evelyn Bastow Gala Bursary Fund Bursaries:

Zoe Espanol - Evelyn Bastow - Love of Skating  
Award

# Bursaries & Awards

The London Skating Clubs supports skaters, pairs and teams that qualify for provincial STARTSkate Championship.

There is also support for skaters, pairs and teams that qualify for a National Championship.

For more information contact your convener.



## Evelyn Bastow Awards

To encourage and support the love of skating the following awards are available based on results in the current skating year and awarded at the annual LSC Awards Night. The amount awarded per award varies.

- Competitive skater or pair/dance pair competing at Western Challenge Event and qualifying for Canadians
- Synchronized Skating Team competing at Regionals and qualifying for Canadians
- Adult Synchronized Skating Team competing at Adult Canadians
- Skater or pair/dance team pair competing at Canadians and placing in the top 50% in men's, ladies, pairs or dance
- CanSkate Skater of the Year
- Test Skaters – Three Gold Tests Passed
- Test Skaters – Gold Free Skates Passed
- Test Skaters – Fourth and Fifth Gold Test Passed
- Adult Single Skaters competing and finishing in the top three at Adult Canadians
- STARSkate For skaters competing at Star Skate and qualifying for provincial finals
- Love of Skating Award

The Mary Burdon Post- Secondary School Scholarship Bursary is open to any eligible Western Ontario Section skaters that meet the posted criteria. Note: with the merging of the four Ontario Sections the fund is available to Skate Canada Clubs that fall within the former WOS boundaries.

Mary Burdon passed away in 2015 and part of Mary's wishes along with family and friends were that a bursary be established in her name.

Mary volunteered for over 62 years in many capacities with Skate Canada and the London Skating Club including being a judge, data specialist, volunteer, board member and President of London Skating Club.

In 2008 Mary received the Province of Ontario Syl Apps Special Achievement Award and in 2015 was appointed Honorary Official Status by the Skate Canada Board of Directors for distinguished contributions to Skate Canada, and the Outstanding Volunteer London Sporting Community Award to name a few of her accolades. Mary also taught at Clarke Road SS for 34 years and volunteered with Drayton entertainment and IODE

To date, the Mary Burdon Bursary Committee has handed out scholarship awards for post-secondary education totaling \$7,500.

The Application and more details are available on the London Skating Club website at

<http://www.londonskatingclub.com/pages/Members-Info/Awards-and-Bursaries/>

**DISCOUNTS:** There are 2 discounts that skaters may be entitled to. The first is a multi-session discount. If a skater enrolls in 2 or more FULL YEAR (Fall/Winter - Sept/Oct through March) sessions, then a 5% discount will automatically be deducted from your invoice when you register online\*. The second discount is a large family discount where a 10% discount is given to the 3rd and greater skaters in the family (discount applies to the skaters with the lowest fees). Our online system is currently unable to process this discount automatically. If this discount applies to your family, then please contact our office and we will manually rebate this discount to you.

**SESSION QUALIFICATIONS:** Prior to registering for StarSkate sessions, please review the session qualifications under the Figure Skating menu to ensure that your skater is qualified for the session you are registering for.

\* Excludes Sept only STARSkate session, and half-year (FALL or WINTER) CanSkate and CanPowerSkate sessions.

## Selecting a Private Coach

At the London Skating Club, we are very proud of our coaching team. All coaches are NCCP Certified members of Skate Canada (National Coaching Certification Program). NCCP courses provide coaches with training in a wide variety of areas. Private lessons with a professional coach are a very important aspect of your child's skating development. Please feel free to contact the coach of your choice directly for further information. We highly recommend every one!

*All skaters - from beginners through to the highest competitive level - benefit from private instruction. Skaters choose private instruction for a variety of reasons:*

- To help skaters to understand and develop his/her strengths
- To target and improve areas of weakness
- To assist skaters through the various test levels
- To develop skills/talent in the various skating disciplines
- For competitive skaters who wish to compete at recreational levels or higher

### **How do I choose a private coach?**

- Have a list of questions to ask the coach
- Ask parents who already have a skater taking private lessons
- Ask a board member for information
- Call potential coaches to arrange an interview
- Conduct an informal interview over the phone

-Come out and watch private lessons to see skaters and coaches in action

-Select a coach carefully. Choose the right person for their teaching and coaching abilities, but also consider that the Coach will be the role model for your child.

- The Coach will be spending considerable time with your child, so it should be someone your child feels comfortable with.

-Coaches are the experts. Work together with your coach to create realistic goals and objectives for your child.

-Take time when selecting a coach. Remember that a picture is worth a thousand words. Watch the coaches teaching other children and see how they interact and present themselves.

-Coaching fees may vary according to the certification level an experience of the coach. Ask what the fees are up front so there are no misunderstandings later.

**Please note that it is the Parent and/or Skater's responsibility to initiate the discussion of private instruction. LSC Coaches and Board Members may not directly refer a specific coach for private lessons nor solicit an arrangement for private lessons, as per the Skate Canada Code of Ethics.**

# **Special Thanks To All Those Who Contributed To The Newsletter**



**LONDON SKATING CLUB**

*Learn for Fun. Live to Skate. Skate for Life.*

A Skate Canada member club since 1907.

